

Maspalomas-Ayagaures Maspalomas

T R.1

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Ilustre Ayuntamiento de la Villa de
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490 m



5



490 m

T R.1

Maspalomas-Ayagaures-Maspalomas



Gran Canaria is one of the best places in the world for cycling. It has excellent infrastructure in terms of roads, hospitals, hotels and other services that will make your cycling holiday unforgettable.

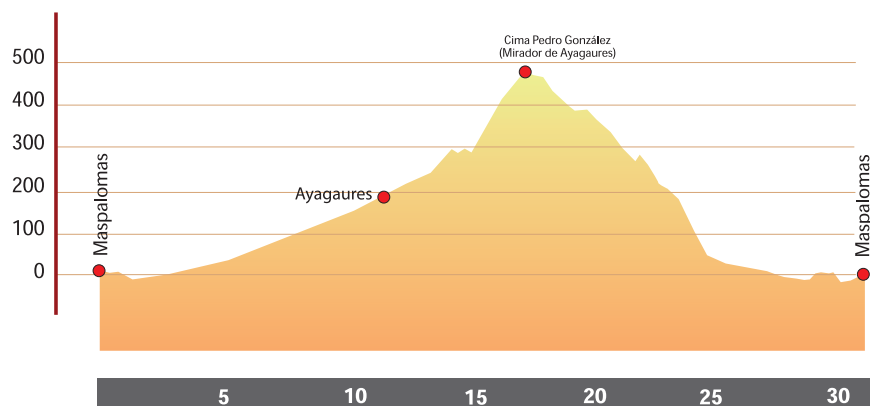
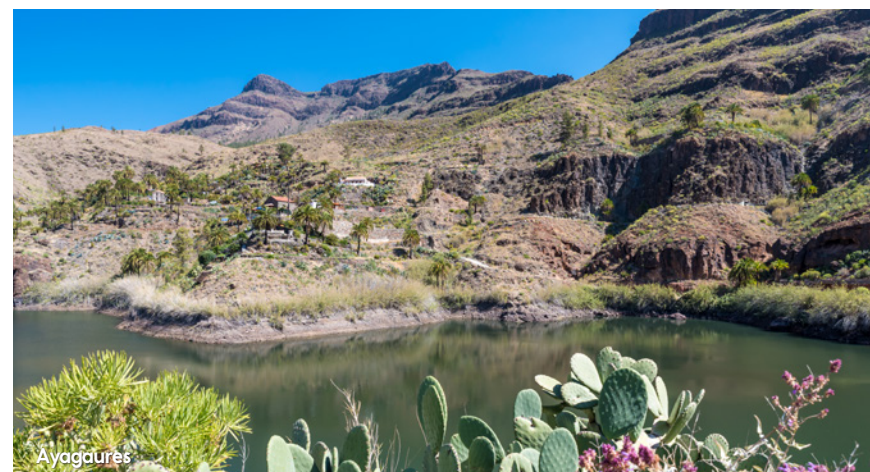
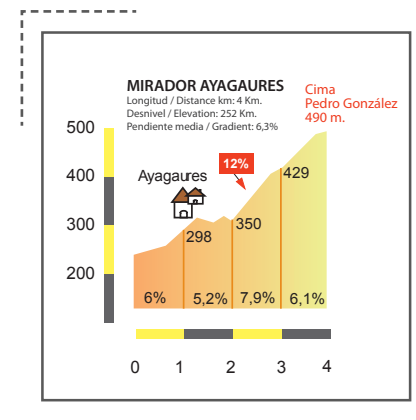


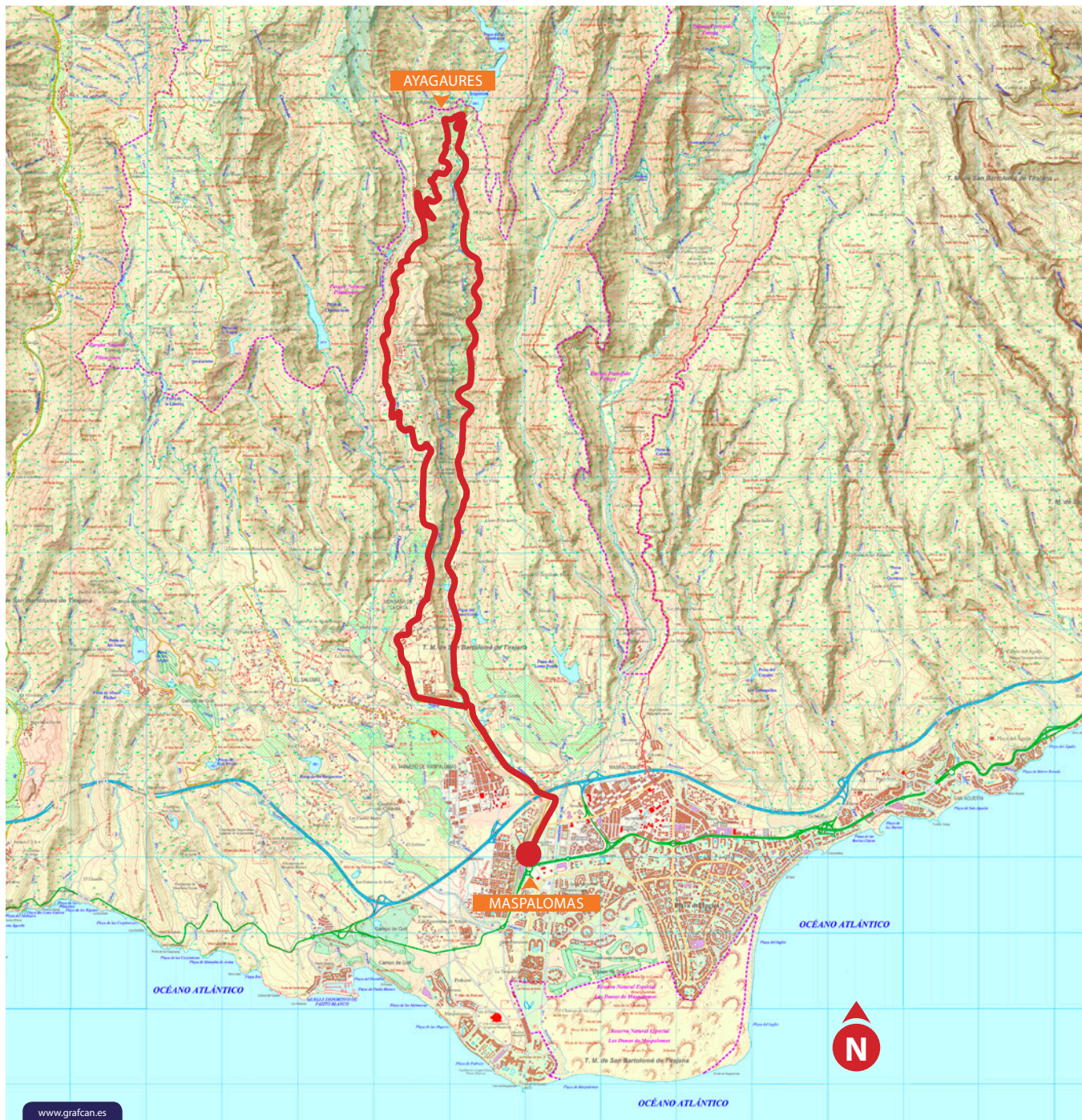
Maspalomas-Ayagaures-Maspalomas

Starting at Plaza de la Constitución, our “point zero”, take the GC-504 road towards Ayagaures; after going past the Aqualand Water Park, turn right (staying on the GC-504), going up a slight but constant incline, you will then get to the Ayagaures dam on foot, where the real climb begins. You will enter the town of Ayagaures, and here you will turn 90° to the left (a short but very steep slope); here, along the GC-503, you will continue ascending up to the Cima Pedro González peak, where you will find the steepest slopes (up to 12%).

Keep going up, and then after 17 km, you will arrive at the peak - don't forget to admire the view! You will then begin the descent, going over Palmitos Park (a botanical and zoological park), and then through Montaña la Data, continuing the descent to Maspalomas.

This is a short route in terms of kilometres and duration, but it is perfect for training as it includes all types of gradients: flats, inclines and descents. It is also suitable if you do not have much time available.





RECOMENDACIONES - RECOMMENDATIONS TIPPS & HINWEISE - RECOMMANDATIONS

Km 0

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Atención a las luces / Pay attention to lights / Auf gute Beleuchtung achten! / Pensez `votre équipement lumineux / Var uppmärksam på trafikljus



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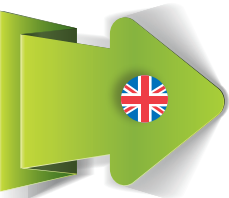
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Maspalomas - Soria Maspalomas

T R.2

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650 m



5



650 m

T R.2 Maspalomas-Soria-Maspalomas



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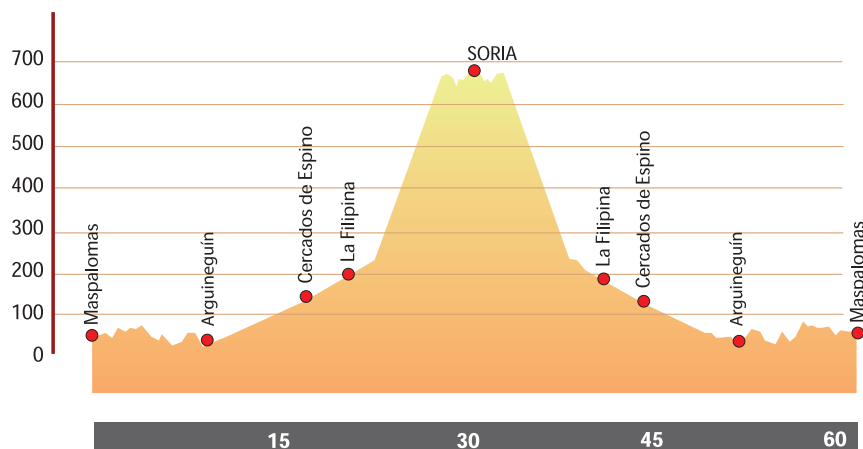
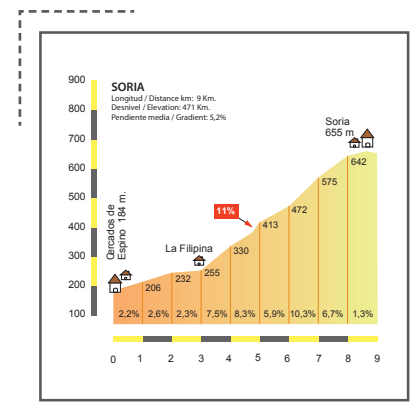


Maspalomas-Soria-Maspalomas

This route goes along one of the most beautiful cycle passes on the island, taking you to the Soria Dam (the largest capacity dam in Gran Canaria), located in one of the most beautiful settings, making the destination a real reward for all the hard work needed to get there.

You will set off from “point 0”, or Plaza de la Constitución in Maspalomas, and go along the GC-500 towards Mogán. At the Cruce de las Crucitas crossroads, turn right onto the GC-505 towards Cercados de Espino, where the ascent up to the Soria pass begins. In La Filipina, the slopes become very steep until you reach the vicinity of the turn-off to the Barranquillo Andrés ravine; from here (with small inclines and descents) you will reach the village of Soria (don’t miss the sandwiches made from local bread at Casa Fernando). If you continue along the road to the left of the bar, you will arrive at the dam, where the views are truly beautiful, particularly when there is water in the dam.

The return trip is along the same route back to Maspalomas.





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Maspalomas-Soria-Maspalomas

RECOMENDACIONES - RECOMMENDATIONS TIPPS & HINWEISE - RECOMMANDATIONS

Km 0

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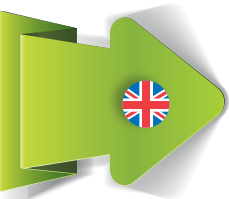
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Maspalomas - Taidía Maspalomas

T R.3

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1130 m



1130 m

T R.3

Maspalomas - Taidía - Maspalomas



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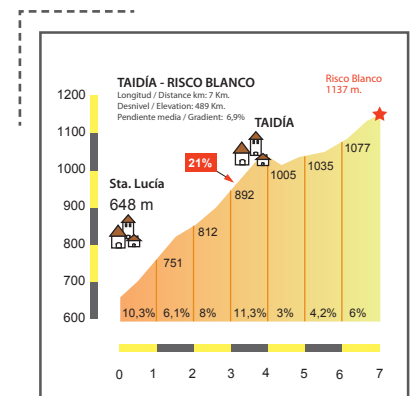
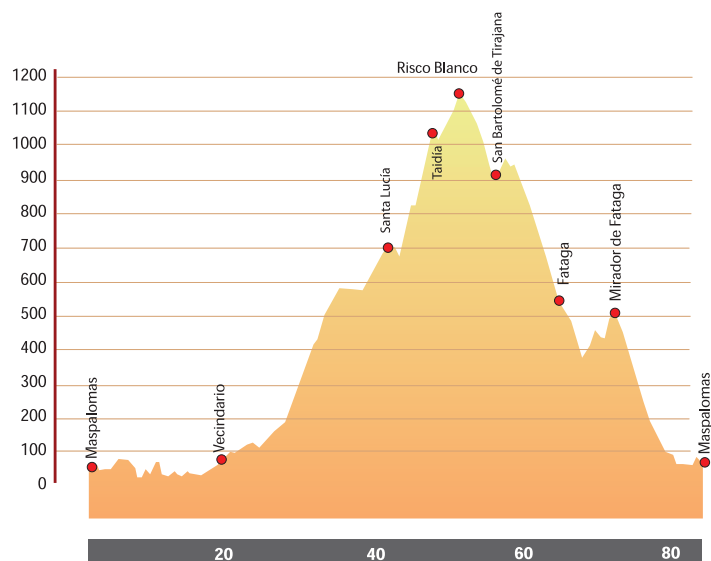


Maspalomas - Taidía - Maspalomas

This route will take you through the municipality of Santa Lucía de Tirajana, then back into the Town of San Bartolomé de Tirajana, crossing through the hamlet of Taidía, and then to the foot of Pico de las Nieves. One of the most spectacular cycling routes in Gran Canaria.

Setting off from "point 0", along the GC-500 towards Vecindario, you will reach the El Doctoral crossroads where you should turn left onto Avenida de las Tirajanas. Now go onto the GC-65, which will take you uphill to Era del Cardón. Turning towards the left, keep going uphill until you arrive at Santa Lucía de Tirajana. Go through the town and then, just past Rosiana, there is a turn-off to the right which comes out at the GC-654, which will take you to Taidía.

Once you have taken this turn-off, the slopes become very steep, so you will need use the correct gears to help you, as the entry here is very difficult. Once you have gone past Taidía, this road takes you to the Risco Blanco crossroads. Turn left onto the GC-60 until you reach San Bartolomé de Tirajana (Tunte), and then towards Fataga along the GC-60; once you have reached the top of the small incline up to the area near Hotel Las Tirajanas, begin the long descent that goes through the town of Fataga until you reach the Arteara oasis. From here, continue up a 5km ascent that will take you to the "Degollada de la Yeguas" viewing point. From this point, it's all downhill to Maspalomas.





RECOMENDACIONES - RECOMMENDATIONS TIPPS & HINWEISE - RECOMMANDATIONS

Km 0

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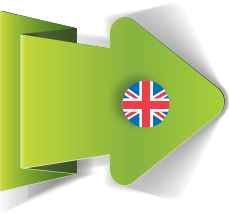
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Maspalomas - Pico de Las Nieves (South) Maspalomas

T R.4

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1950 m



5



1950 m

T R.4

Maspalomas-Pico de Las Nieves (South) - Maspalomas



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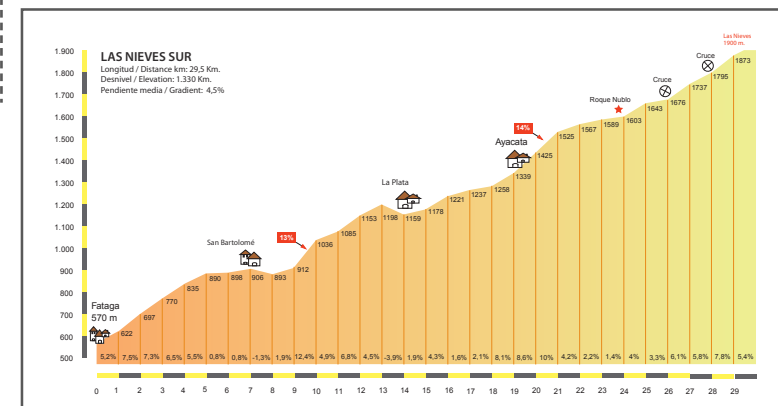
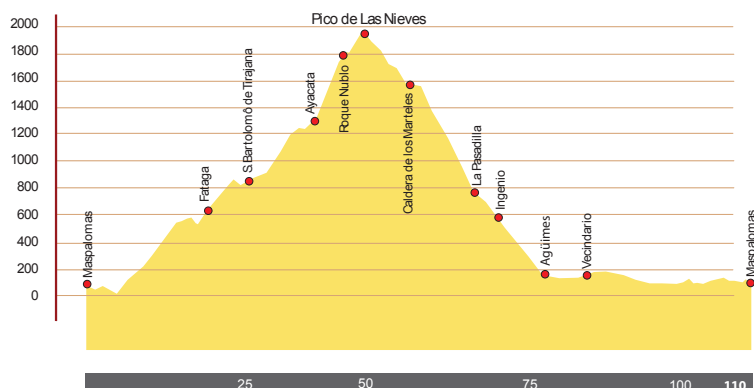
Maspalomas-Pico de Las Nieves (South)-Maspalomas

Starting from the meeting point at Plaza de la Constitución, head towards Fataga / San Bartolomé. You will start with an 8km uphill climb along the GC-60 until you reach the Degollada de Las Yeguas viewing point; after passing the “Mundo Aborigen” theme park, you will arrive at the top of this viewing point. You will now begin a hazardous 2km descent, after which it is all uphill up to Pico de las Nieves, the goal of this 50km route up to the peak.

After a 2km descent, you will have covered 11km of the route, with a 39km uphill climb remaining. Going through the town of Fataga, you will arrive at San Bartolomé de Tirajana - Tunte, the capital of the municipality, which is part of Maspalomas. From here, keep peddling towards Ayacata. Once you are in the town, take the turning to the right onto the GC-60 towards Los Pechos and Pico de las Nieves. This uphill section has very steep slopes with inclines of up to 14%. Go through Roque Nublo on foot, until you reach the Los Llanos de la Pez crossroads, where you will turn right onto the GC-130 and keep going towards Pico de las Nieves. The route finishes at this point, and the return journey can be done along the same route.

You can also descend via the route indicated on the diagram.

If you do the route in the opposite direction, the incline through Agüimes - Ingenio - La Pasadilla - Cazadores and up to Pico de Las Nieves is considered one of the most difficult mountain routes in Europe, with inclines of up to 23%.





Maspalomas-Pico de las Nieves (South)-Maspalomas

RECOMENDACIONES - RECOMMENDATIONS TIPPS & HINWEISE - RECOMMANDATIONS

Km 0

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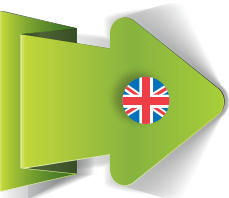
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Maspalomas - Cruz de San Antonio Maspalomas

T R.5

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T R.5

Maspalomas - Cruz de San Antonio Maspalomas



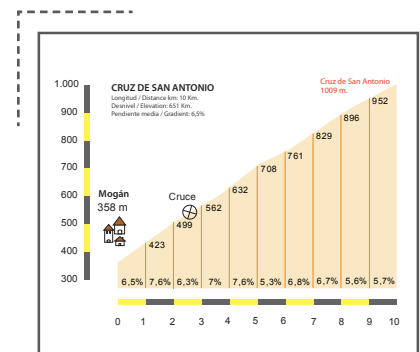
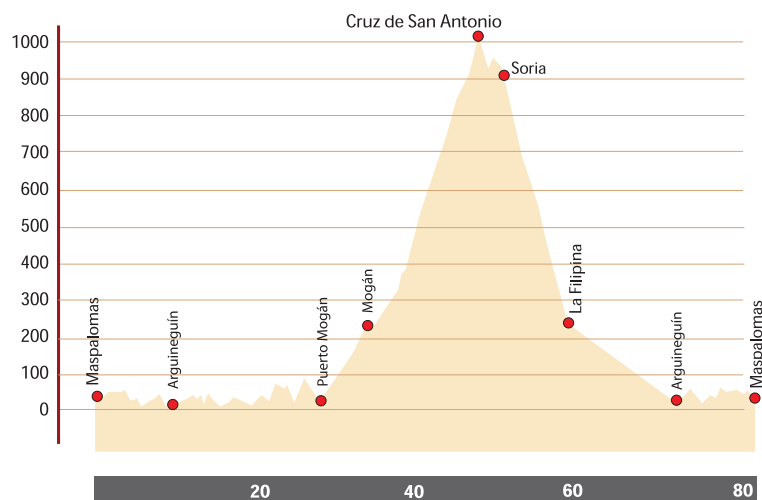
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Maspalomas - Cruz de San Antonio Maspalomas

Starting from “point 0”, you will start of peddling along the GC-500 towards Mogán, running alongside the sea. You will then go through the fishing village of Arguineguín, through the Puerto Rico area and then arrive at the Puerto de Mogán crossroads. At this point, turn right along the GC-500 and immediately join up with the GC-200. Here you will begin you ascent, and after 8 kilometres you will see the town of Mogán. Keep going, and then 2.5km from the town centre, the road continues with a bend to the left, but you will take the road to the right, heading towards Tejeda. A 10 kilometre mountain pass, which will give you exceptional panoramic views to enjoy, begins at the crossroads named Cruz de San Antonio.

At this point where there is a “Y” in the road, go to the right towards Soria – Barranquillo Andrés. After a fairly challenging descent through some changing gradients, you will join up with the GC-505 at Barranquillo Andrés. To the right, you will begin the descent to the Soria pass, which comes out at Cercados de Espino; you will now have a much less steep descent until you reach Las Cru-citas, and at the crossroads for the GC-500 (El Pajar), turn left; this road (the GC-500) will take you back to Maspalomas.





RECOMENDACIONES - RECOMMENDATIONS TIPPS & HINWEISE - RECOMMANDATIONS

Km 0

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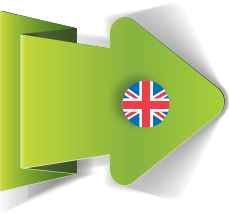
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Maspalomas-Ayacata-Maspalomas

T R.6

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1400 m



5



1400 m

T R.6

Maspalomas - Ayacata Maspalomas



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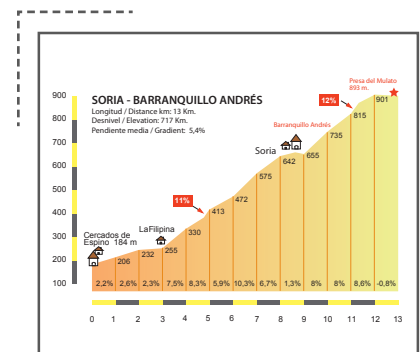
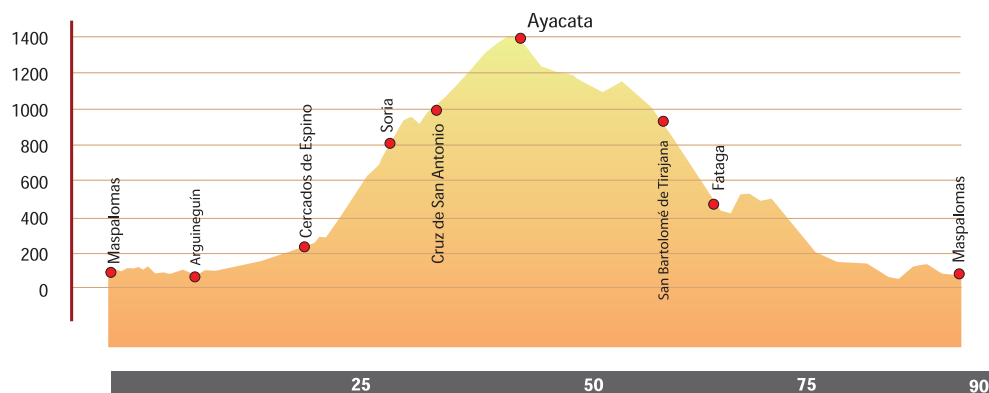
Maspalomas - Ayacata Maspalomas

This route will take you to Ayacata (at an altitude of 1,400m), passing through the Presa de Las Niñas dam and returning to Maspalomas. This is a fairly difficult route, but if you approach it with the right rhythm, you will get a great taste of cycle tourism in Gran Canaria.

Departure point: Plaza de la Constitución. You will set off along the GC-500 towards Mogán. At the Las Crucitas crossroads, turn right onto the GC-505 towards Cercados de Espino and Soria.

From Cercados de Espino, the uphill climb begins up to the Barranquillo Andrés crossroads, where you will turn left. **WARNING!!** At this point there are some very steep slopes, so you are advised to use the correct gear. From here until you reach the top, now quite close to Cruz de San Antonio, everything will be an extremely steep uphill climb.

Once you are at this point, keep going until you reach the crossroads, and head to the right onto the GC-605 towards Ayacata, still consistently going uphill. At this point, you will have covered 50 kilometres. The return journey is along the GC-60 towards San Bartolomé de Tirajana and Fataga. It is all downhill until Arteara, at which point there is an uphill climb of around 5km up to the Degollada de las Yeguas viewing point, then finishing off with an 8km descent down to Maspalomas.





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Maspalomas - Ayacata - Maspalomas

RECOMENDACIONES - RECOMMENDATIONS TIPPS & HINWEISE - RECOMMANDATIONS

Km 0

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Atención a las luces / Pay attention to lights / Auf gute Beleuchtung achten! / Pensez `votre équipement lumineux / Var uppmärksam på trafikljus



Obligatorio usar casco / It is obligatory to wear a helmet / Helme sind Pflicht / Casque obligatoire / Hjälm måste användas



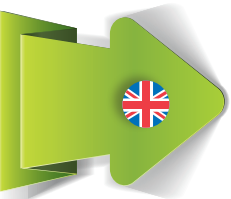
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Maspalomas - San Bartolomé Maspalomas

T R.7

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900 m



5



900 m

T R.7

Maspalomas - San Bartolomé Maspalomas



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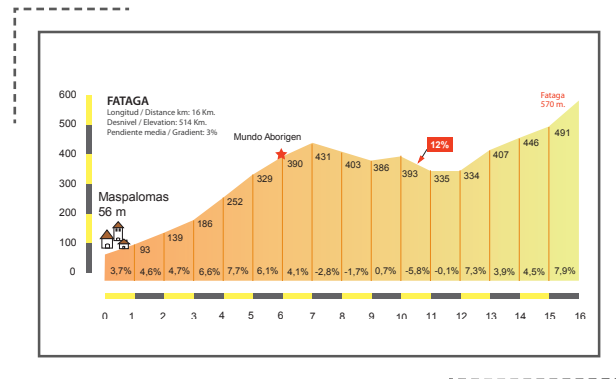
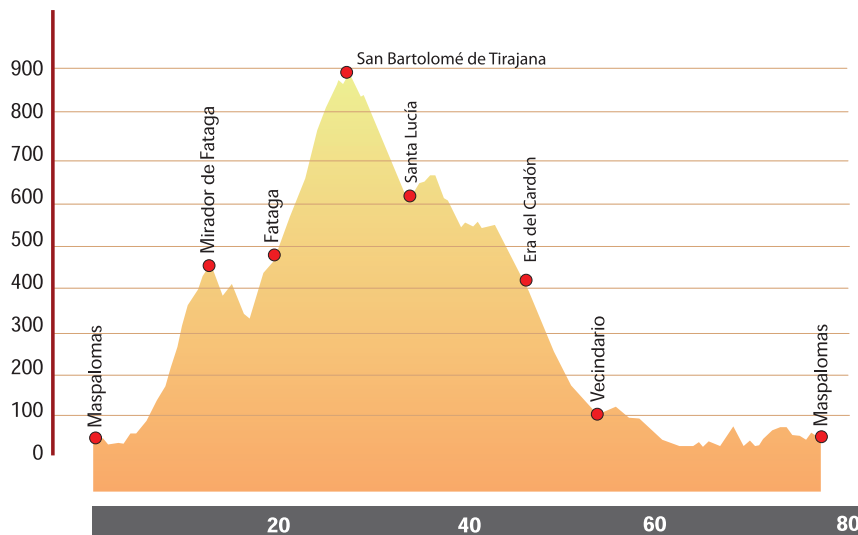


Maspalomas - San Bartolomé Maspalomas

This is a route which takes you through the Las Tirajanas region, which can be done in either direction due its circular format. Here, we describe the route in the direction of Maspalomas - San Bartolomé. It can be carried out in the direction of Maspalomas – Vecindario - Santa Lucía - San Bartolomé - Fataga and Maspalomas.

As with all of these routes, you will set off from “point 0”, Plaza de la Constitución, heading towards Fataga along the GC-60. The uphill climb begins at Maspalomas and continues until you reach the Degollada de las Yeguas viewing point. From here, you will face a 5km downhill section, and then the ascent begins once again, taking you to Fataga and San Bartolomé de Tirajana. Once you have reached the highest point of the town of San Bartolomé – Tunte, turn right at the crossroads onto the GC-65, heading towards Santa Lucía. Going down an almost continuous descent will take you to the crossroads of Era del Cardón, and from here you will turn right again onto the same road, GC-65, until you reach Cruce de Sardina. Turn right again onto the GC-191 and keep going until you reach Vecindario, then along the bypass to the right, along Avenida de las Tirajanas, until you reach El Doctoral. Finally, take the GC-500 to Maspalomas.

WARNING! Extreme caution must be taken on all the descents in this route, as there are some very sharp bends.





RECOMENDACIONES - RECOMMENDATIONS TIPPS & HINWEISE - RECOMMANDATIONS

Km 0

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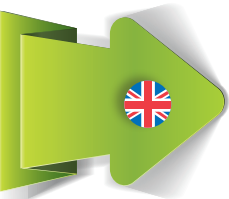
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Maspalomas - Guayadeque Maspalomas

T R.8

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950 m



5



950 m

T R.8

Maspalomas - Guayadeque Maspalomas



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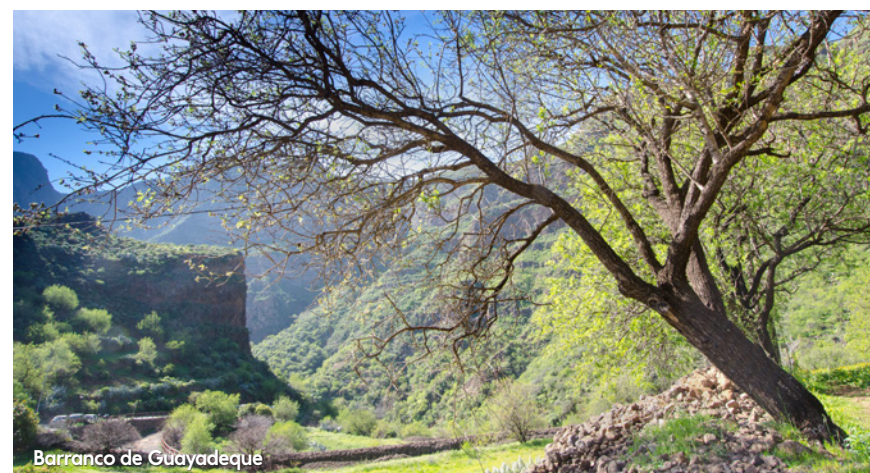
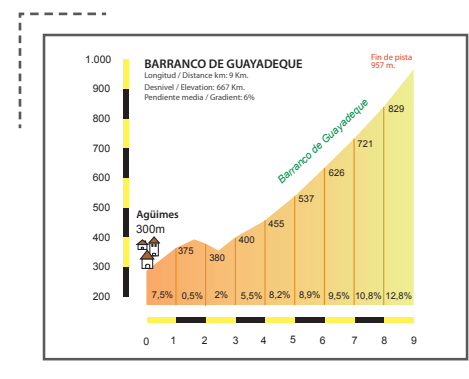
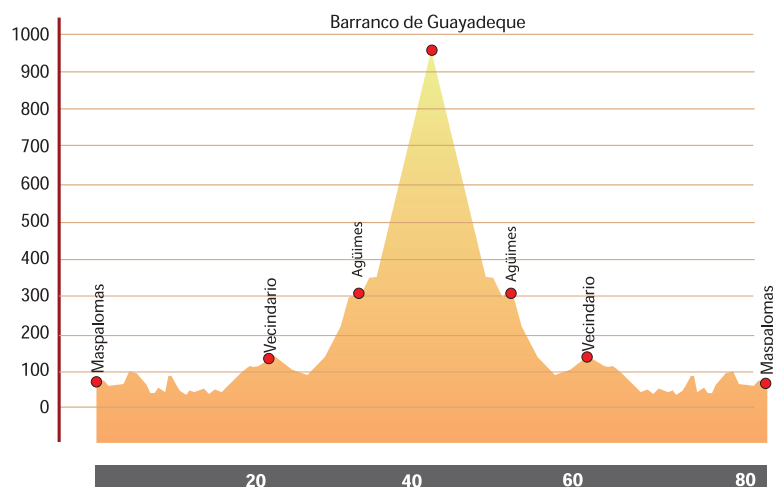
Maspalomas - Guayadeque

Maspalomas

This route is the “queen” of the cycle tourism routes in Maspalomas. The difficulty of this route appears incredible to start with, as it runs along the bottom of a ravine, but therein lies the challenge.

You will set off from “point 0” (Plaza de la Constitución) and go along the GC-500 towards Vecindario. At El Doctoral, take the bypass to Vecindario and continue along the GC-191 until you get to Cruce de Arinaga. At this crossroads turn left towards Agüimes, along the GC-100 - an uphill road that becomes steeper when you reach the incline at Las Crucitas, which then leads you to Agüimes. Cross through the village, then at the fork within the village, turn right. Continue along this road: **WARNING!! BEFORE YOU LEAVE THE VILLAGE, TURN 90° TO THE LEFT TOWARDS GUAYADEQUE.** This is the only entrance that there is, a fairly difficult, steep slope that descends and leads to the bottom of the Guayadeque ravine. Once you get there, there is an uphill climb that is quite difficult for the first four kilometres, then becomes extremely challenging with inclines of 15% in the final kilometre. Once you have completed this uphill section, you will approach an area with tables and barbecues, where there is a monument paying tribute to cycling at the end of the plaza.

You will then go back along the same route back to Maspalomas.





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Maspalomas - Guayadeque - Maspalomas

RECOMENDACIONES - RECOMMENDATIONS TIPPS & HINWEISE - RECOMMANDATIONS

Km 0

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